



## **EXPLORA JOURNEYS HOSTS EXCLUSIVE MELBOURNE EVENING WITH JANNIK SINNER, PREVIEWING NEW COLLABORATIVE ONBOARD WELLNESS PROGRAMME**

**Melbourne, Australia – 14 January 2026** – Ahead of the Australian Open, Explora Journeys, the luxury ocean travel brand of the MSC Group, hosted an exclusive evening with world tennis champion and Global Brand Ambassador Jannik Sinner at Stokehouse, St Kilda on 13<sup>th</sup> January. The high-profile event celebrated the ongoing partnership between the brand and one of the world's most focused athletes, while offering a first glimpse of a new onboard wellness programme being developed in collaboration with Jannik and his Performance team, exclusively for Explora Journeys' guests.

Behind Jannik's seemingly effortless style of play lies rigorous, though largely unseen, physical preparation, mental conditioning and exceptional composure. Central to his performance is a finely tuned balance between effort, recovery and mental clarity – values that resonate strongly with Explora Journeys' guiding philosophy. Known as the *Ocean State of Mind*, the brand draws inspiration from the sea's ability to bring calm, clarity and connection, reflecting the restorative qualities increasingly vital to mental wellbeing and overall balance today.

Shaped by Jannik's personal training and recovery approach, and rooted in Explora Journeys' Ocean Wellness philosophy, the forthcoming *In Balance: A Jannik Sinner Ocean Wellness Programme* will translate these principles into exclusive onboard experiences available on all ships at the start of the Mediterranean season from March 2026. Mindful movement, therapeutic breathwork, targeted recovery and restorative contrast therapies will be integral elements – all guided by the regenerative power of the ocean.

The highlight of the evening was a lively Q&A with Jannik, during which he spoke candidly about his personal wellness philosophy and how he incorporates it into daily life. He emphasised the importance of balance when navigating high-pressure moments and shared the methods he uses to achieve it. Guests also received an early glimpse of *In Balance: A Jannik Sinner Ocean Wellness Programme*, which Jannik described as a way to bring his approach to preparation, recovery and mental clarity to travellers seeking renewal at sea.

The event also illustrated how elite sport continues to influence global culture, echoing Explora Journeys' broader engagement with world-class events such as Formula 1®. In 2025, guests enjoyed an unrivalled view of the Formula 1® Grand Prix de Monaco circuit from the deck of EXPLORA II in Monte Carlo, complete with curated experiences including F1 Paddock Club™ access, pit lane walks, immersive onboard hospitality and cultural programmes. This thrilling experience will be repeated this year with EXPLORA I docked at Monaco's iconic Port Hercule during the 2026 Grand Prix.

As Explora Journeys continues to redefine luxury ocean travel, the brand's partnership with Jannik Sinner exemplifies a shared vision for wellbeing, performance and discovery. Together, they invite guests to slow down, reconnect, and experience travel guided by intention and inspired by the ocean.

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## About Explora Journeys

Explora Journeys is the privately owned luxury ocean travel brand of the MSC Group, headquartered in Geneva, Switzerland. The brand stems from a long-held vision to redefine the ocean experience for a new generation of discerning luxury travellers, drawing on the Aponte family's 300 years of maritime heritage. At its heart is a unique "Ocean State of Mind" that connects guests with the sea, with themselves and with like-minded others, while immersive itineraries blend iconic destinations with lesser-travelled ports for Journeys that inspire discovery.

Explora Journeys offers 461 oceanfront suites, penthouses, and residences – each a 'Home at Sea' with floor-to-ceiling windows offering sweeping ocean views, private terrace, and elegant, spacious interiors.

Guests enjoy eleven distinct culinary experiences across six restaurants, in-suite dining, and Chef's Kitchen, along with twelve bars and lounges, five heated pools, extensive outdoor decks with 64 private cabanas, a holistic wellness programme, and refined entertainment. Inspired by the brand's European heritage, seated at the heart of elevated Swiss hospitality, Explora Journeys delivers intuitive service and a relaxed sense of luxury.

The first ship in the Explora Journeys fleet, EXPLORA I, was launched in July 2023, with EXPLORA II arriving in September 2024. EXPLORA III and EXPLORA IV, both LNG-powered, will follow in 2026 and 2027. EXPLORA V and EXPLORA VI are set to join the fleet in 2027 and 2028, incorporating advanced environmental technologies as part of the brand's commitment to sustainability.

To learn more about Explora Journeys, visit [explorajourneys.com](https://explorajourneys.com) or follow us on [Instagram](#), [X](#), [Facebook](#) and [LinkedIn](#) and [TikTok](#).